



# RECITAL HANDBOOK

# 2021

## QUICK REFERENCE STUDIO INFORMATION

**North Reading School of Ballet**

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**[www.nrsballet.com](http://www.nrsballet.com)**

**Suzanne Baker, Director**

**“Making History”**

**May 22, 2021**

**Windhover Center for the Performing Arts**

**Rockport, MA**

**Rain Date: June 6, 2021 at NRSB**

**Dress Rehearsal**

**Dancers will wear costumes the last week of classes, May 15-21, 2021**

**Please review the handbook carefully for all the details about the recital. We are so excited for the dancers to show you the results of all of their hard work this year!**

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### **1/ General Recital Information**

The opportunity to perform in a recital is an exciting, empowering and confidence-building part of the training process. Our students learn about the theatre, rehearsals, and teamwork while they enjoy the opportunity to showcase their skills in a professionally run production. Recitals are a wonderful way for students to showcase the results of their hard work and for family and friends to join in the pride of their achievement. We love giving all students the chance to perform for their family and friends in this supportive and fun environment and encourage even our youngest and newest performers to be involved. If there is any reason why your child will not be able to perform at the recital on the dates and times provided in this handbook, please let us know so we can make amendments to the class routines involving them.

In terms of attendance, it is very important that students do not miss any of their scheduled classes between now and recital time so they can spend their rehearsal time together to perform their routines, feel confident, and look amazing. If your child is sick for class but well enough to come and watch, this is preferable to missing out altogether. If for any reason your child will miss any of their regular classes, we ask that you email us at [nrsb@nrsballet.com](mailto:nrsb@nrsballet.com) to let us know in advance. Zoom is available for COVID-19/illness related instances.

Please note that any families with unpaid dance or costume fees will unfortunately not be allowed to participate in our recital.

*This is without doubt the highlight of our year and we are giddy with excitement to show you how hard our dancers have been working!*

## 2/ Recital times and location

This year our recital will be held at Windhover Center for the Performing Arts, located in Rockport, MA. For GPS, please use the address 253 Granite Street, Rockport, MA (this is a home address very close to the entrance of Windhover). Please look for the Windhover sign and NRSB signage.

Windhover is an old farm turned into a performing arts center, with studios and an outdoor stage. Access to the stage and seating does require a walk across the grassy campus. **For accessibility options please email the studio at [nrsb@nrsballet.com](mailto:nrsb@nrsballet.com).**

Chairs will be set up socially distanced, but please feel free to bring your own lawn chairs or picnic blankets to set up your own spot.

Please be respectful of our backstage areas. Parents and family members are not permitted in our backstage areas.

There will be 4 separate shows to accommodate the current outdoor gathering restrictions in Massachusetts.

See schedule below for the arrival time of your dancer. Please note this schedule may change as we approach the recital date.

| SHOWTIME                                     | ARRIVAL TIME | CLASS                                       | CLASS DAY | TEACHER      |
|--|--------------|---|-----------|--------------|
| <b>Show 1 (run time approx. 45 minutes)</b>  |              |   |           |              |
| 10:30 AM                                     | 10:00 AM     | Pre-Ballet I/II                             | Saturday  | Kellcie T.   |
| 10:30 AM                                     | 10:00 AM     | Pre-Ballet II / Intro to Ballet, Tap & Jazz | Monday    | Jennifer R.  |
| 10:30 AM                                     | 10:00 AM     | Tiny Dancer                                 | Saturday  | Christine W. |
| <hr/>  |              |   |           |              |
| <b>Show 2 (run time approx.. 45 minutes)</b> |              |   |           |              |
| 12:00 PM                                     | 11:30 AM     | Ballet I                                    | Monday    | Jillian G.   |
| 12:00 PM                                     | 11:30 AM     | Tap/Jazz I                                  | Monday    | Jillian G.   |
| 12:00 PM                                     | 11:30 AM     | Pre-Ballet I/II                             | Tuesday   | Suzanne B.   |
| 12:00 PM                                     | 11:30 AM     | Tiny Dancer                                 | Monday    | Suzanne B.   |
| <hr/>  |              |   |           |              |
| <b>Show 3 (run time TBD)</b>                 |              |   |           |              |
| 1:30 PM                                      | 1:00 PM      | Ballet II                                   | Thursday  | Suzanne B.   |
| 1:30 PM                                      | 1:00 PM      | Jazz II                                     | Wednesday | Kellcie T.   |

|                     |         |                                 |           |            |
|---------------------|---------|---------------------------------|-----------|------------|
| 1:30 PM             | 1:00 PM | Tap II                          | Wednesday | Kellcie T. |
| 1:30 PM             | 1:00 PM | Hip Hop - Elementary            | Friday    | Shannon C. |
| 1:30 PM             | 1:00 PM | Musical Theater - Elementary    | Thursday  | Jordan C.  |
| 1:30 PM             | 1:00 PM | Modern - Beginner               | Saturday  | Jillian G. |
| 1:30 PM             | 1:00 PM | Contemporary - Elementary       | Wednesday | Taylor C.  |
| 1:30 PM             | 1:00 PM | Ballet III                      | Tuesday   | Suzanne B. |
| 1:30 PM             | 1:00 PM | Tap III                         | Tuesday   | Alison B.  |
| 1:30 PM             | 1:00 PM | Jazz III                        | Thursday  | Jordan C.  |
| 1:30 PM and 3:30 PM | 1:00 PM | Acro/Strengthening - Elementary | Saturday  | Kellcie T. |

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#### Show 4 (run time TBD)

|         |         |                                     |           |             |
|---------|---------|-------------------------------------|-----------|-------------|
| 3:30 PM | 3:00 PM | Musical Theater Elementary - Monday | Monday    | Jennifer R. |
| 3:30 PM | 3:00 PM | Acro/Strengthening - Intermediate   | Wednesday | Kellcie T.  |
| 3:30 PM | 3:00 PM | Ballet Basics                       | Thursday  | Suzanne B.  |
| 3:30 PM | 3:00 PM | Jazz and Tap Basics                 | Tuesday   | Alison B.   |
| 3:30 PM | 3:00 PM | BalletIV - Thursday                 | Thursday  | Amanda B.   |
| 3:30 PM | 3:00 PM | Tap IV                              | Wednesday | Lyndsay S.  |
| 3:30 PM | 3:00 PM | Modern - Intermediate               | Saturday  | Jillian G.  |
| 3:30 PM | 3:00 PM | Jazz IV                             | Thursday  | Jordan C.   |
| 3:30 PM | 3:00 PM | Contemporary - Intermediate         | Wednesday | Taylor C.   |
| 3:30 PM | 3:00 PM | Pointe - Beg/ Int                   | Thursday  | Amanda B.   |
| 3:30 PM | 3:00 PM | Ballet IV-Tue                       | Tuesday   | Suzanne B.  |
| 3:30 PM | 3:00 PM | Tap V                               | Wednesday | Lyndsay S.  |
| 3:30 PM | 3:00 PM | Modern - Advanced                   | Monday    | Jillian G.  |
| 3:30 PM | 3:00 PM | Contemporary - Advanced             | Wednesday | Taylor C.   |
| 3:30 PM | 3:00 PM | Ballet V/VI - Monday                | Monday    | Daisy G.    |
| 3:30 PM | 3:00 PM | Ballet V/VI-Tuesday                 | Tuesday   | Suzanne B.  |
| 3:30 PM | 3:00 PM | Pointe - Advanced                   | Thursday  | Amanda B.   |
| 3:30 PM | 3:00 PM | Jazz V/VI                           | Thursday  | Jordan C.   |

### 3/ Rehearsals

Here at North Reading School of Ballet, dress and technical rehearsals are a very important part of preparing for our recital. Due to the circumstances around our venue this year, there will be no formal dress rehearsal. Studio A will be blocked out to match our stage at the venue and dancers will bring their costumes to class during the last week in class and practice on our mapped out stage.

Please have dancers bring all costumes and headpieces to their classes the week of May 15-21, 2021. This way we can make sure no headpieces are missing and make any necessary adjustments. Young Dancers and those with only 1 costume can arrive in their costume.

ALL costume and clothing items must be clearly labelled with your child's full name.

#### **4/ Tickets**

Tickets for our recital/concert will go on sale on **May 8, 2021**. Tickets will be purchased through Dance Recital Ticketing and information will be sent prior to the sale date.

Tickets will be limited to 4 per family due to current capacity restrictions. Once all families have had the option to purchase tickets, any remaining tickets will be released on a first come first serve basis.

We do not charge for children under 2 years old to attend the concert, unless they will be occupying their own seat. We also ask that you consider our dancers and other audience members when bringing young children to watch, and if they become loud, distressed or disturb any other audience members, to please take them outside to let off a bit of steam before returning to enjoy the rest of the show.

#### **5/ Costumes**

##### **Caring for your Costumes**

If necessary, when washing your costumes, please ensure they are washed in cold water only on a gentle cycle, preferably using a lingerie wash-bag to ensure that they are not damaged. Costumes should not be tumble-dried, and take care not to over-expose them to direct sunlight.

Any costumes with sequins or embellishments must be hand washed in cold water.

**We DO NOT recommend washing any costumes until AFTER Photo Day and recital. We are not responsible for any missing pieces/damage to costumes once they are sent home.**

Please label all costumes and show with your dancer's name.

*Enjoy food and drink before or after wearing costumes. We want everyone to look perfect and don't want to risk food stains!*

## 6/ Shoes & Tights

All undergarments must be skin-coloured and must not be visible beneath your child's costume. Please ensure your child has the correct color tights and shoes for each costume and that everything is labelled with your child's name.

## 7/ Grooming – Hair and Makeup

**HAIR:** All dancers should have their hair in a ballet bun. Due to the shorter performances there will be no time for hair changes. Please make sure to pack extra hair pins, bobby pins, hair nets and hair spray in case your dancer needs them during the performance.

Here are some ballet bun tutorials found on YouTube:

<https://www.youtube.com/watch?v=3yG7Hcozrf8>

<https://www.youtube.com/watch?v=Ae3Ks-fl3e4>

### **MAKEUP:**

**Young Dancers:** We encourage all dancers to wear foundation, pink blush and some eyeshadow and mascara (as the dancers will let you). This year with our outdoor venue, we will not have harsh stage lighting that requires a lot of makeup, but do encourage you to apply a little to make it feel more like a recital!

**Older Dancers:** All dancers should have foundation, pink blush, neutral eye shadow tones and mascara. Because we are dancing with masks we also encourage fake eyelashes to help to eyes pop!

Here is a link to full stage makeup:

<https://www.youtube.com/watch?v=UDmBoScKoyg>

## **8/ Recital Procedures and COVID-19 Regulations**

As always, the safety of our dance family is our #1 priority. When students arrive at the rehearsal and recital they are to be signed in by a parent or guardian, and must be signed out when it is time to leave. **Please send only 1 parent to drop off and pick up dancer.**

ALL students are to have their name marked off when they arrive at the venue. If your child has any Medical Conditions that may require attention whilst in our care or are carrying any medication with them, please notify our supervisors when you sign in. It is best to arrive with hair and makeup done. Those in 1 dance may arrive in the costume.

Students are not permitted to leave the venue while the recital is running. No student is to leave the backstage area, no exceptions.

Only North Reading School of Ballet staff and registered volunteers are permitted backstage. We are unable to run messages or food to students, so please make sure they have everything before they come backstage for rehearsal and the recital.

Please try not to bring anything valuable, especially electronic devices. Mobile phones are not to be taken backstage or in the changing areas during the recital. Our studio and the venue will take no responsibility if an item is damaged, misplaced, lost or stolen.

Private videography and photography is strictly prohibited as we will have professionals attending on the day to provide these services for us, leaving you free to sit back and enjoy the show in the moment!

Explicit language, inappropriate attire, offensive clothing, and criminal behaviour will not be tolerated. Consuming alcohol and smoking are not permitted.

### **COVID-19 Requirements**

For the safety of all of our staff, students and families, the audience will be socially distanced by family. All staff, students, and audience members will be required to wear masks at all times during the performance.

## **9/ What to bring**

All children must bring a clearly labelled bag with extra hair spray, gel, hair elastics, bobby pins, and safety pins. Please ensure any medication required is packed and clearly labelled with instructions.

Your makeup must also be packed and clearly labelled as well as your dance shoes, stockings, socks and dance underwear. Don't forget your costumes too! These are best hung on coat hangers and protected in a costume bag that is clearly labelled. If you have a portable costume rack, you may bring it.

Students with multiple costumes are encouraged to bring a clothes basket with a photo of them on it and their name. Some of our volunteers do not know all the performers' names so this makes it easier for them to be able to find your child's belongings.

FOOD AND DRINK - Costumes are easily ruined by food and drink stains. If necessary, a light snack may be enjoyed while NOT in costume. It is important they have something nutritious to keep their energy up as well as something that won't stain – this means NO fast food, cheese snacks or chips, chocolate, etc.. NO nuts or nut products. They also need to bring a labelled water – NO soft drinks or juice, as it stains the costumes.

Children are discouraged from bringing any valuables including phones, iPods, iPads, and laptops as the venue and North Reading School of Ballet will not take responsibility for any items lost, damaged or stolen.

**Due to the nature of our outdoor event, please apply necessary sunscreen before the performance. Pack your preferred bug spray, but DO NOT APPLY IT TO OR NEAR TIGHTS! Many bug sprays will eat up the tights. It could also potentially stain some of the material for costumes. NRSB staff will assist if it is needed.**

**ALL DANCERS should bring a pair of crocs or slide on shoes that their dance shoes can fit in. They will be walking on grass to and from the stage.**

**A purple mask will be provided to all dancers. Please pack an extra mask just in case!**